

16 natural products for skin you'll absolutely love



We all know that we should try to use natural products for skin where possible – after all, our skin will be with us for life! So many products contain harsh ingredients that will only strip the skin and leave it feeling – and looking – irritated. As highlighted by [Global Healing Centre](#), the regulations around skincare and other personal care products are, unfortunately, loosely applied.

A company will insist an ingredient is safe and that's all that is needed for it to appear on our supermarket shelves. This is just one of many reasons why we should all be swapping our regular products for natural products. However, like most things, there are so many options out there when it comes to organic and natural products for our skin, that it can feel overwhelming. Today, we're going to share with you our favourite natural products when it comes to skin, hair and beauty.



What are our favourite natural body products?

[1. FREYA'S NOURISHMENT – Hydrating Body Oil](#)

This extremely nourishing body oil is high in antioxidants and vitamins, and it is made from organic oils which are known for their moisturizing properties. It is best used on damp skin, so right after you've hopped out of the shower is an ideal time to apply it.

[2. MAAEMO – Cleanser](#)

This certified organic gel cleanser is the perfect addition to your natural beauty routine. It effectively removes dirt, oil and makeup build up from the skin without stripping it of all moisture. The formula works to purify pores and clear the complexion. The result? Beautiful, glowing skin!

[3. MAAEMO – Moisturiser](#)

There's nothing better than knowing your daily moisturiser will not only keep your skin hydrated, but will also deliver a host of benefits to your skin. This moisturiser contains ingredients that will repair and protect the skin while also supporting collagen production.

[4. FREYA'S NOURISHMENT – Rose Hand Scrub](#)

This Rose Hand Scrub features the exfoliating power of Australian sea salt and is rich in magnesium, potassium and calcium for nourishing skin cells. It also contains natural apricot kernel oil, is high in vitamin A and E, and helps to soften the skin and retain its elasticity and suppleness.

[5. NEW MOON BLENDS – Glow Serum](#)

When a product has glow in the name, you just know you need it in your beauty kit! We can't get enough of this serum and love that it is filled with vitamins, fatty acids and other beautiful ingredients that are all designed to leave you with luminous, dewy skin.

[6. KOKKOS Body Lotion – Sweet Almond Oil](#)

This Papaya and Pomegranate Kokkos Body Lotion with Sweet Almond Oil is a lotion which ensures your skin is re-conditioned with rich proteins and nourishing vitamin D. Its ingredients are organic, natural and vegan friendly too!

[7. MISS FRANKIE – Nail Polish](#)

When it comes to natural beauty products, many of us don't consider our nail polish collection. However, many polish brands are full of chemicals and nasty ingredients. We love the Miss Frankie range for their non-toxic polishes that come in gorgeous colours.

[8. NATURA Purifying Exfoliating Clay Mask](#)

We love a good clay mask once or twice a week to really detox the skin and pull all of the nasties out of it. This mask is fantastic for acne prone skin and its gentle ingredients will leave your face feeling clear and deeply cleansed.



Natural products for hair that we love

[9. 100% Pure Honey & Virgin Coconut Restorative Shampoo](#)

When it comes to choosing natural and organic products, our hair is just as important to consider as our skin. Poor quality hair products that are filled with harsh and harmful ingredients can leave your hair feeling dry and brittle. We love this shampoo as it is deeply moisturising and works to naturally heal the hair.

[10. Currelle Treslite Natural Conditioner](#)

This conditioner is a favourite of ours because it is lightweight and doesn't leave the hair feeling heavy and greasy. It is ideal for those with a sensitive scalp as its gentle ingredients are formulated with no added fragrances.

[11. Melrose Organic Pumpkin Seed Oil](#)

This oil is a great source of vitamins and minerals, making it a wonderful addition to your hair care routine. It may help with some scalp conditions and hair loss, while keeping the ends of your hair hydrated.

[12. Ethique Hair Mask – Bloom](#)

Just like using a face mask, we love using this on our hair once or twice a week. This one is especially great for those with dry, frizzy hair as it helps to strengthen, protect and rehydrate your locks.

Natural beauty products you need in your beauty routine

[13. EYE OF HORUS – Bio Goddess Lipstick](#)

What would a goddess be without her lipstick? Not only are these lipsticks vegan, cruelty free and paraben free, they also have biodegradable eco-friendly packaging. This formula works to moisturise your lips while helping them to look plump and healthy!



[14. EYE OF HORUS – Bio Lash Lift Mascara](#)

If you can't leave the house without bold and luscious lashes, then this mascara is for you! Formulated with marine algae and plant derived collagen, this vegan mascara strengthens your lashes while helping them to look curled and voluminous. The ingredients also promote lash growth and volume.

[15. Hurraw! Organic Lip Balm](#)

If you're anything like us, then you have to have lip balm on hand at all times. We absolutely love the Hurraw! range as they are made with raw, fair-trade ingredients that nourish your lips and leave them soft and smooth.

[16. KORA Organics Amethyst Luminizer](#)

There's not much we don't love about dewy, glowing skin and that's why we love this Kora Organics cream highlighter. It gives you a soft, lit-from-within glow while containing ingredients that nourish the skin at the same time. Coconut oil and noni fruit extract work to hydrate and moisturise the skin, while leaving it glowing all day long.